



Arm Sling Instructions

THIS PRODUCT INTENDED FOR THE APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.

Your doctor or medical professional may alter some of these general instructions. Your doctor and medical professional know your medical status and are using this product as part of your total healthcare. It is important to follow their instructions carefully, even if they differ from some of the following guidelines.

Applying Arm Sling

1. Position elbow in the pocket of the sling.
2. Place strap over opposite shoulder, feed through the D-ring and secure to itself.
3. Hand should be slightly elevated above the elbow when secured.
4. For strap length adjustment use slide buckle or Velcro position.
5. For slings with a shoulder pad: slide pad onto strap and position in desired location.

Care for your Arm Sling

Hand wash support in mild soapy cool water. Rinse thoroughly then drip dry. Periodically, clean the Velcro front closures with a toothbrush, gently removing any accumulated lint and dirt. Under normal use, with care, Velcro fasteners will not wear out or lose gripping quality. **Do not** use solvents or chlorine bleach. **Do not** put in dryer.

Note

This device not intended for unsupervised public use. Discontinue use at once if any sign of dermatitis or other skin problems occur. If discomfort occurs while wearing support, discontinue use and contact your medical professional. Always consult with a qualified Health Care Practitioner before making any changes in your support. If a rash or skin irritation develops immediately consult your health care practitioner. Support should not be worn while sleeping. Support should not be worn by persons with phlebitis or circulatory problems. Never wear support over an open wound.

Notice

While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.

