

Care And Use Of Your Knee Support

MAINTAINING YOUR ORTHOSIS

Cleaning:

Hand wash elastic support in mild soapy cool water. Rinse thoroughly and drip dry on a flat surface.

Do not put support in washing machine, or dryer.

Do not use solvents or chlorine bleach.

Do not wear if you have broken skin or a known susceptibility to dermatitis. If a rash or skin irritation develops, discontinue use immediately and consult a physician. Never wear over an open wound.

Do not wear while sleeping.

Do not wear if you have phlebitis or circulatory problems.

If you experience any pain, swelling, sensation changes or any unusual reactions while using this product, consult your orthotist immediately.

APPLYING YOUR SUPPORT

Your orthosis original fitting must be done by a qualified health care practitioner. The orthosis should already be adjusted to fit your body.

For best application, keep leg fully extended.

1. Position the main body of the support around your knee. Large opening to the front.
2. Close the bottom and top velcro tabs securely around the calf and thigh. Make sure that the kneecap is centrally located in the front opening.
3. Insert thigh & calf Velcro straps through the plastic loops pull back across and and fasten back onto the strap.



ALTO Uni
Model K-908-U & K-909-U

NOTICE

This product is intended for application by licensed health care practitioners as directed by a physician or other medical authority. Proper fit and application of this product must be performed by a medical professional. These directions are guidelines only and are not offered as medical recommendations.

Always consult with a health care practitioner before making any changes in your support. Re-shaping any metal or plastic components should always be performed by a qualified Health Care Practitioner.

While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.



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