



Ankle Walker Care

THIS PRODUCT IS INTENDED FOR APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.

Note

This device is not intended for unsupervised public use. Always consult with a qualified Health Care Practitioner before making any changes in your support. Bending of metal stays should always be performed by a qualified Health Care Practitioner. If a rash or skin irritation develops immediately consult your health care practitioner.

Washing Instructions:

Before washing, remove metal hinges, when applicable, and wipe hinges clean with a cloth.

Hand wash support in mild soapy cool water.

Rinse thoroughly and drip dry on a flat surface.

Do Not use solvents or chlorine bleach.

Do Not put in the dryer.

Do Not iron.

Storage Instructions:

Store support in a loose roll to prevent folds.

Weight placed on the support may cause permanent folds.

Notice

While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional.

U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.

Fixed Ankle Walker Fitting Instructions

Position foot and leg inside liner with the heel firmly back against the posterior section of the liner

Fitting foam parts that are provided may be used to accommodate for extra space around the ankle, heel, or leg

Position the tongue pad over the top of the foot before fitting the liner

Close the liner snugly utilizing the hook and loop system located on the foot and leg sections of the liner

Position the heel at the back of the boot.

Position the uprights over the ankle midline and remove plastic placed over the uprights, exposing the hook on the uprights.

Press uprights against the liner and make sure they attach to the liner.

Position the three tibial straps as desired and firmly fasten.
(One strap for the ankle height walker)

Secure the foot straps and fasten

Uprights can be contoured to accommodate tibial variations.

Size	Woman	Men
XS	3.5 – 5.5	-----
S	6 – 8	4.5 – 7
M	8.5 – 11.5	7.5 – 10.5
L	12 – 13.5	11 – 12.5
XL	-----	13 – 14.5

